

Youth Development Outcomes of Youth-Led Social Change

Activities



Identify and analyze issues

- Design and conduct surveys
- Facilitate dialogue with peers and community members
- Research topics and community issues
- Collect and analyze data



Outreach and education

- Employ creative tools and strategies to raise awareness (art, media, performances, posters, flyers, etc.)
- Access traditional and social media outlets to get out the message
- Recruit peers and allies



Action

- Encourage collective visioning and problem solving
- Brainstorm solutions
- Develop campaign plan and goals
- Influence decision makers through direct action



Reflection

- Facilitate group discussions and debriefings
- Evaluate lessons learned

Outcomes

Emotional Competency

- Increased confidence, sense of self-worth, self-awareness, and capability
- Increased sense of belonging and connectedness to others and community
- Increased sense of purpose, accomplishment, and control
- Hopefulness and positive vision for future
- Emotional, spiritual, and psychological healing and wellness

Social Competency

- Commitment to cooperation and teamwork
- Heightened sense of responsibility and accountability to a group
- Understanding and respect of differing perspectives
- Development of positive relationships with peers and adults

Academic and Cognitive Competency

- Critical thinking skills
- Research skills
- Written and oral communication skills
- Public speaking skills
- Ability to make plans and assess own progress
- Development of transferable skills for academics and future employment

Civic Competency

- Broader worldview and understanding of individual's role, value, and power in society
- Sense of collective agency
- Increased social capital and networks
- Understanding of personal and collective ability to change circumstances and influence systems and political processes
- Sense of civic responsibility, concern, and commitment to welfare of community